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COSMIC RAYS
A HAZARD FOR AVIATION?

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When we look out into space at night from the surface of the Earth, we are immediately impressed by the spectacular view of the stars. But what we see with our eyes is a small fraction of the total range of radiation arriving at the Earth. Only as recently as this century has our view of the stars has been greatly extended beyond, and out of, the visible spectrum. Sophisticated instruments routinely allow us to make images of the sky from longer wavelengths than visible light, such as radio waves and infra red, and shorter wavelengths such as ultra violet and x-rays.

Many of the instruments used to make these images at wavelengths beyond the visible light need to be placed in orbit outside the Earth's atmosphere. This is because the atmosphere is very effective at absorbing those wavelengths. Life on Earth has evolved to exploit some of the wavelengths that the atmosphere allows through to ground level. The surface of the Earth has never been exposed to many of the blocked wavelengths, and because life has never had an opportunity to adapt to them, some of those wavelengths are hazardous to life.

The radiation from space is not limited to just the electromagnetic spectrum. A range of non-electromagnetic radiation also arrives at the Earth. One of the most interesting types of the non-electromagnetic radiation is what we now call *cosmic rays*.

Cosmic rays are particles consisting of single atoms of matter. These atoms are usually missing many or all electrons so that usually only the positively charged nucleus of the atom remains. An atom missing one or more electrons is known as an *ion*. Some cosmic rays have been accelerated to very high speeds. Fortunately for us, most of the cosmic rays are stopped by the outer layers of the Earth's atmosphere so that they do not reach the ground. Just as well, because high speed ions can do a lot of damage.

Normally you would not worry about the influence of cosmic rays on your everyday life. But with the advent of mass air travel it is possible to find yourself frequently flying at high altitudes, around 10,000m, above the thickest part of our atmosphere. The thin aluminium walls of the aircraft offer little shielding against the penetrating effects of cosmic rays. We will look at whether you should be worried about this! Not only could cosmic rays damage living organisms, but also some important non-living machines as well. The aim of this lecture is to look at this damage in both the living and non-living.

Characteristics of Cosmic Rays

In 1912 Victor Hess (1883-1964) flew in a balloon above 3,500 m and discovered that charged electroscopes discharged faster at high altitudes than at sea level. This effect was attributed to "atmospheric ionization" and the fact that it increased with altitude led to the conclusion that some kind of radiation must be arriving from space. Hess shared the 1936 Nobel prize in Physics for his discovery. Robert A. Millikan (1868-1953), a scientist better known for his famous oil drop experiment for measuring the charge on the electron, was one of the first to prove this idea. In 1923 he showed that the radiation intensity at a particular depth in a lake at high altitude was the same as in a lake at lower altitude at a shallower depth. The shallower depth being necessary to compensate for the effect of absorption by the atmosphere between the altitudes of the two lakes. With this result proving that the radiation was coming from space, Millikan was impressed by the tremendous penetrating power of the radiation, since to reach beneath the surface of the lakes the radiation had to penetrate through air and water with the equivalent absorbing power of nearly 2m of lead! He therefore assumed that the radiation must have been high energy gamma rays, but he was wrong.

Experiments in the late 1920s and early 1930s detected signs of a *latitude effect* where the intensity of the radiation was found to increase by around 6% towards the magnetic poles of the Earth. This can be expected if the radiation consisted of charged particles. This is because the Earth's magnetic field lines would partially deflect charged particles moving transverse to the field lines, as would be the case for particles arriving at mid latitudes where the magnetic field lines are more parallel to the Earth's surface. Near the poles, the particles could arrive in parallel with the field lines where they curve down following trajectories which could intersect with the Earth's surface. Charged particles moving parallel to magnetic field lines would not experience any deflection. It took Millikan a long time to become convinced that the cosmic rays were charged particles instead of gamma rays. Perhaps this is why we still call them cosmic rays, a name Millikan invented!

Low energy cosmic rays

High energy cosmic rays

The composition of cosmic rays compared to solar system elemental abundances. The light elements lithium, beryllium and boron are far more abundant in cosmic rays because they are created by a process known as spallation which is the breaking apart of heavier nuclei in the interstellar medium by collisions from high energy protons. From Longair.

By the late 1940s, it was clear that the main constituent of cosmic rays was fast protons. However smaller fractions of heavier particles are also present. They are distributed approximately as follows: 85% protons (hydrogen nuclei), 12% alpha particles (helium nuclei), 2% electrons and positrons in proportion about 5:1 and the remaining 1% is made up of heavier nuclei.

The kinetic energy of the particles is distributed over a wide range. A very wide range! The intensity of the energy spectrum of the cosmic rays peaks at about 1 GeV (GeV = 10^9 electron-Volts = one billion electron-Volts) and extends up in energy over more than 10 orders of magnitude. This is a lot of energy. A proton with an energy of 1 GeV is travelling at about 87% of the speed of light. Protons with energies up to about 20 GeV are produced by the Sun during solar flares. But the bulk of these have energies in the MeV range (MeV = 10^6 electron-Volts = one million electron-Volts).

The intensity of cosmic rays does not stay constant. In addition to the solar flares, variations in the Sun's activity changes the interplanetary magnetic field which most strongly affects cosmic rays with energies below 1 GeV. This is called *solar modulation* and the intensity of cosmic rays below 1 GeV can vary by a factor of 10 as a result. When the Sun is at a *high* point of its activity cycle the average cosmic ray intensity is *reduced*. This is because the solar wind produced during high solar activity is more effective in preventing the interstellar flux of cosmic rays from reaching Earth. Very large increases in the flux of cosmic rays can be produced by solar flares.

The cosmic ray intensity above 1 GeV falls off exponentially with energy. Most of these cosmic originate from processes outside our solar system. It is believed that the highest energy cosmic rays were accelerated by supernovae, or by energetic jets from the centres of active galaxies. The intensity of the highest energy cosmic rays is very low: above 10^{19} eV we can expect to detect one particle per square kilometre per year, and above 10^{20} eV about one per square kilometre per century.

When a cosmic ray encounters the upper atmosphere of the Earth, about 20 km above the ground, it soon collides with the nucleus of a gas atom. The electrons in the gas atoms have little effect on such high energy particles. Owing to the large energy of the cosmic ray, a large number of nuclear reactions follow as a result of the collision. A number of nuclear fragments are produced by a process known as *spallation*. These in turn under go additional nuclear collisions. At the same time a great many subatomic particles are produced including electrons, neutrinos, muons, pions and single nucleons (protons and neutrons) as well as x-rays and γ-rays. Some of the particles are unstable and decay to produce still more particles. These all combine to produce an *air shower* of millions of secondary particles that in turn can produce further nuclear reactions. All the particles in the air shower are moving down at close to the speed of light. So at any given instant the air shower is shaped like a disk about 100 m in diameter and about 2 m thick with a central core a few metres in diameter of cascading nuclei. The maximum intensity of the radiation of air showers occurs at about 15 km above the ground, however, the higher energy cosmic ray air showers peak as low as 2 km. If the energy of the primary cosmic ray is large enough, many of the reaction products in the air shower can reach the ground to be detected.

Energy spectrum of cosmic rays at the top of the atmosphere. From Longair.