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# Precision timing and scintillation of binary radio pulsars

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#### Part 1: Pulsar Timing

Introduction Pulsars Pulsar evolution Binary Pulsars Pulsar timing

Research New timing analysis of PSR J0437-4715 for equation of state constraints

## Pulsars



Credit: Joeri van Leeuwen

- Neutron stars
  - Dense with powerful magnetic fields
  - ~ 10km radius with ~ 1.4 solar mass
- Beamed radio emission
  - From magnetic poles
  - Powered by rotation
- Rapid and stable rotation
  - Observed as regular lighthouse-like flashes

### **Pulsar Evolution**

• Pulsar "P - Pdot" diagram

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- Pulsars born in core-collapse supernova
  - ~ 0.1 1 second periods
  - High spin-down date
- Evolve through cluster of "normal" pulsars
- Lose rotational energy until emission shuts off.
  - Enter the graveyard



## **Binary Pulsars**

Credit: University of Southampton

- Pulsars can be *recycled!* With Roche-lobe overflow
- Millisecond pulsars are "spun up"
  - Often observed in binary with white dwarf companion
  - As fast as a blender
- Relativistic binaries, e.g.

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- Neutron star Neutron star
- PSR J1141-6545: White dwarf companion formed first

## Pulsar Timing

- Timing model predicts pulse arrival times. Includes:
  - Spin (period, period-derivative)
  - Astrometry (Position, proper motion, parallax)
  - Binary orbit

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- Dispersion measure (frequency-dependent delay from electrons in interstellar plasma)
- Solar system ephemeris
- Timing residuals
  - Difference between model and observation
- Pulsar Timing Arrays (PTAs) used as Galactic-scale gravitational wave detectors



Joy Division: Unknown Pleasures album cover (Single-pulses from PSR B1919+21)

Next: Timing Residua

### Pulsar timing residuals



- Any errors in timing model appear in residuals
- We fit to the data to update timing model

Next: Shapiro Delay

### **Shapiro Time Delay**

- Gravitational time delay effect
  - Increased path length
- Useful measure of companion mass and orbital inclination
  - Can then find pulsar mass



Next: Timing of J0437-471

## Timing of Millisecond Pulsar, PSR J0437-4715

- Nearest and brightest millisecond pulsar
- ~22 years of regular timing observations with Parkes 64m radio telescope
- PPTA second data release
- Requires complex timing model
- Has *lots* of noise!!
  - Dispersion measure (electron column density) variations
  - Intrinsic spin noise
  - Pulse shape variability
  - Pulse shape change event
  - Instrumental noise
- Characterise noise simultaneously with timing model



Timing residuals (difference between data and model) Red: 700 MHz Green: 1400 MHz

## **PSR J0437-4715 Timing Precision**



Next: Why do we care

#### Q: Why do we care about this pulsar?



From OzGrav telecon presentation by Theo Motta (University of Adelaide)  One of our best opportunities for measuring the <u>neutron star equation of state</u>

"A two-solar-mass neutron star measured using. Shapiro delay" - Demorest et al. (2010) 2500+ citations

"A Massive Pulsar in a Compact Relativistic Binary" - Antoniadis et al. (2013) ~ 1500 citations

"GW170817: Measurements of Neutron Star Radii and Equation of State" - Abbott et al. (2018) ~250 citations

Next: NICER

## Neutron star Interior Composition ExploreR (NICER)

- NASA mission to explore neutron star interiors
  - X-ray timing and spectroscopy
- Measures neutron star radii
- Modelling x-ray light curves
- Require distance, pulsar mass, and orbital inclination from radio pulsar timing
- Primary target is PSR J0437-4715





"If the *mass* of a neutron star and the pattern of radiation from its surface are known accurately a priori, NICER observations will achieve an accuracy of ~ 2% in the measurement of radius (Gendreau et al., 2012; Bogdanov, 2013). In practice, the measurement will be limited by uncertainties in these two requirements. The uncertainty in the mass measurement of NICER's primary target, the bright pulsar PSR J0437–4715, is ~5% (Reardon et al., 2016)."

-- Watts et al. (2016)

## New Timing Results for PSR J0437-4715



- Measured noise and timing model parameters simultaneously in a Bayesian analysis
  - Companion mass measured with Shapiro delay.
  - Inclination angle: 137.496 ± 0.005 degrees
  - Companion mass: 0.2205 ± 0.029 solar mass
  - Pulsar mass: 1.411 ± 0.030 solar mass

Next: Distance and radial veloc

## Deriving distance and radial velocity(!)

- Shklovskii effect
- Remarkably precise distance measurement from orbital period-derivative
  - D = 157.01 ± 0.10 pc
  - Useful for single-source gravitational wave searches
- First-ever radial velocity from second spin period-derivative
  - $V_r = -75 \pm 15 \text{ km/s}$

$$\dot{P}_b^{
m obs} - \dot{P}_b^{
m GR} - \dot{P}_b^{
m Gal} \simeq \dot{P}_b^{
m kin} = rac{\mu^2 D}{c} P_b$$



Next: Scintillation

#### Part 2: Scintillation: The dynamic spectrum

Introduction Ionised Interstellar Medium (IISM) Interstellar scintillation Observing pulsar scintillation

Research Modelling long-term scintillation of relativistic binary PSR J1141-6545

## Ionised Interstellar Medium (IISM)



Wisconsin H-Alpha Mapper (WHAM)

- Warm plasma phase
- Turbulent
  - Energy cascades from large to smaller spatial scales
- Free electrons scatter radio waves
- Diffraction occurs on small spatial scales
- Refraction occurs on larger spatial scales
- Scattering often dominated by one, or a few, intensely turbulent regions
- Extreme scattering events (ESEs) (interstellar tornados with ~AU scales )

Next: Interstellar Scintillati

#### Interstellar scintillation

- Scattered wavefronts interfere
- Scattering is frequency-dependent
- Interference pattern drifts across telescope
- Drift velocity depends on line-of-sight velocity through scattering region
- Transverse velocities of pulsar, IISM, and observer
- Pulsar timing sensitive to radial motions



#### Next: Observing Scintillation

#### Observing pulsar scintillation



Pulsar flux changes as a function of observing *frequency* and *time* 

- Characteristic scintle from autocovariance function
- Decorrelation bandwidth (of order MHz)
  - Depends on spatial scale, scattering angle and strength
- Scintillation timescale (of order mins)
  - Depends on spatial scale and velocity of the line-of-sight.

Next: Scintillation of PSR J1141-65

Dynamic spectrum of PSR J0437-4715

### Scintillation of relativistic binary PSR J1141-6545

- Ord et al. (2002) modelled a single 10hr observation of this pulsar
  - Measured inclination for the first time
  - New constraint for testing general relativity and estimate of mass
- Scintillation velocity < 1/timescale
  - Modelling with line-of-sight velocity





Reardon et al. (2019)

Next: Long-term Scintillation

## Long-term scintillation of PSR J1141-6545



Reardon et al. (2019)

- Measured scintillation parameters over ~6 years for PSR J1141-6545
- Scintillation velocity: V

$$A_{
m ISS} = A_{
m ISS} rac{\sqrt{D\Delta a}}{f au_{
m d}}$$

- Sensitive to anisotropy in the scattering
  - Assuming isotropy introduces biases
- Observed *annual* and *relativistic* variations in scintillation timescale
  - More degrees of freedom in data!
  - More measured parameters!!

 $V_{\text{eff}}(s) = (1 - s)(V_{\text{p}} + V_{\mu}) + sV_{\text{E}} - V_{\text{IISM}}(s),$ 

Next: Long-term mode

#### Long-term scintillation model

- Near-independent measurement of relativistic periastron advance!
- New method for estimating distance
- Improved measurement of transverse velocity
- Firsts (only possible with long-term study):
  - Estimate of proper motion in (RA/DEC)
  - Sense of inclination ( < 90 degrees)</li>
  - Longitude of ascending node Ω
  - Prediction for contamination in relativistic orbital period-derivative measurement from Shklovskii effect (only 1%)

Technique applicable to almost any binary pulsar not just relativistic ones





#### Part 3: Scintillation: The secondary spectrum

Introduction Delay-Doppler distribution and arcs Arc curvature variations

Research Long-term scintillation of PSR J0437-4715 the other precise pulsar science

### The secondary spectrum / Delay-Doppler distribution



Dynamic spectrum of PSR J0437-4715

 Scintillation arcs discovered by Stinebring et al. (2001)

- Fringe pattern in dynamic spectrum becomes a *parabola* in secondary spectrum
- Curvature is simple to model!

$$\tau_{\rm del} = \frac{D(1-s)}{2cs} (\theta_2^2 - \theta_1^2)$$
$$f_{\rm dop} = \frac{f_c}{cs} V_{\rm eff} \cdot (\theta_2 - \theta_1),$$

Next: Curvature measurement

#### Curvature Measurements

Independent of strength of scattering variations

 $\eta = \frac{cDs(1-s)}{2f_c^2 V_{\text{off}}^2 \cos^2 \psi}$ 

• Much more **stable** with time than the "scintillation velocity" technique

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- For PSR J0437-4715, this is the **only** method we can use to model the scintillation
- Measured for ~1500 arcs over ~13 years!!



Next: Modelling curvature for J0437-47

## Velocity model

- Previously-unknown application of the Parkes Pulsar Timing Array (PPTA) data
- Competes with timing precision for longitude of ascending node
  - $\Omega = 207.2 \pm 0.7$  degrees (arcs)
  - $\Omega = 207.0 \pm 1.2$  degrees (Timing; Reardon et al. 2016)
- Impressive inclination angle precision:
  - i = 136.1 ± 0.5 degrees (arcs)
- Distance and velocity of scattering plasma:
  - D = 90.6 ± 0.7 pc
  - $V_{\alpha} = -10.9 \pm 0.8$  km/s
  - $V_{\delta} = -31.7 \pm 0.7 \text{ km/s}$



Reardon (2018, PhD thesis)

Next: Another screen

#### ...And a second arc!



Second thin scattering screen!
D = 122 ± 3 pc
V<sub>α</sub> = -4 ± 9 km/s
V<sub>δ</sub> = -47 ± 8 km/s

- Some evidence for at least one more scattering screen
- Precise measures of distance and velocity allow us to search for the source of the scattering.

Next: Summaries

### Scintillation Modelling Summary

#### Long-term is key!

- Annual variations
- Time-variations in properties of IISM
- inclination angle (mass constraints), proper motion, and 3D orbital geometry
- Dynamic spectrum:
  - All radio pulsars scintillate.. Most have useful dynamic spectra
  - Widely applicable, but sensitive to changes in IISM
- Secondary spectrum:
  - Arc curvature precise and stable!
  - Independent of scattering strength
  - Applicable to fewer pulsars (but still many!)
  - May require tuning of observations
  - Can image the scattering medium

These are brand new techniques that can be used on <u>existing</u> data. Almost every pulsar I've looked at is





Arc curvature

#### Summary: Synergy and Future Prospects

<u>Pulsar Timing</u> - known as a precise science (New mass of PSR J0437-4715 measured to **2%** for equation of state constraints)

<u>Pulsar Scintillation</u> - more sensitive to transverse motions (proven to give precise measurements of IISM, binary, and astrometric parameters)

<u>Timing + Scintillation</u> - Ability to model full 3D geometry of binary orbits (e.g. PSR J1141-6545), and best chance for measuring astrometry (proper motion)

Future - Wide observing bandwidth instruments like ultra-wideband receiver on Parkes, and MeerKAT telescope are *ideal* for scintillation studies

With *thousands* of scintillating pulsars, and *hundreds* with existing data spanning years.. ...This is sure to reveal some exciting and unexpected results!